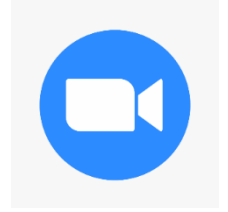
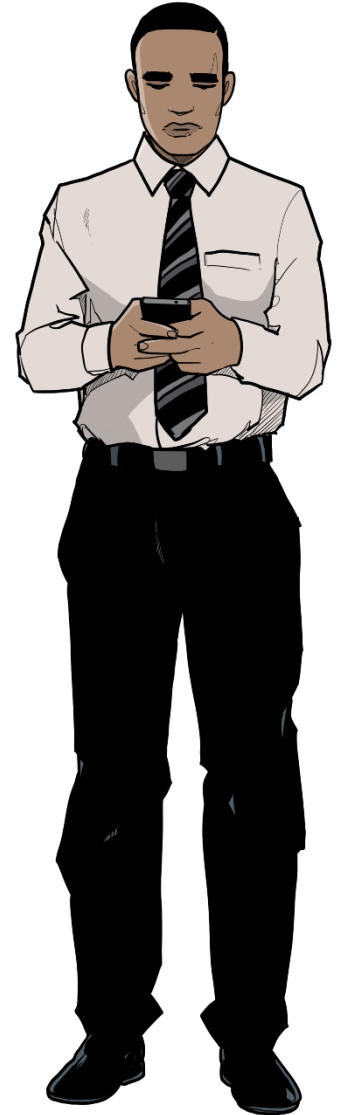


Secure Zoom



Zoom has emerged as a very popular tool for online meetings, training and other communication activities during the coronavirus pandemic of 2020, but there are risks associated with any such app...

- **Phishing ploys**; messages inviting participants to click on *malicious links* to fake meetings, or uninvited guests sharing malicious links during a meeting.
- **Privacy risks**; users including *sensitive information* in their Zoom profiles, which can be viewed by meeting participants.
- **Live recording**; hosts allowing participants to *record the session*, or participants using mobile phones to record it surreptitiously.
- **'Zoom bombing'**; unauthorised participants *hijacking meetings*, often because password access was not setup or meeting passwords were shared insecurely.

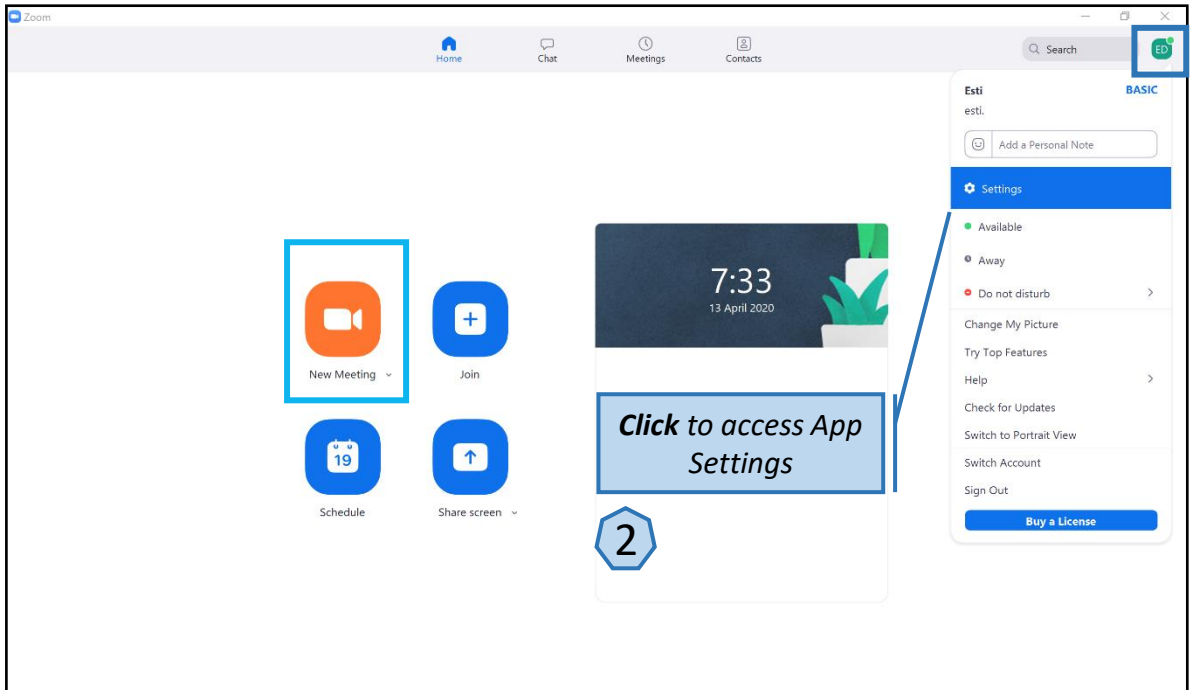


This short guide outlines the main Zoom security controls and how to access them, *some in the App and others on the Zoom Webpage...*

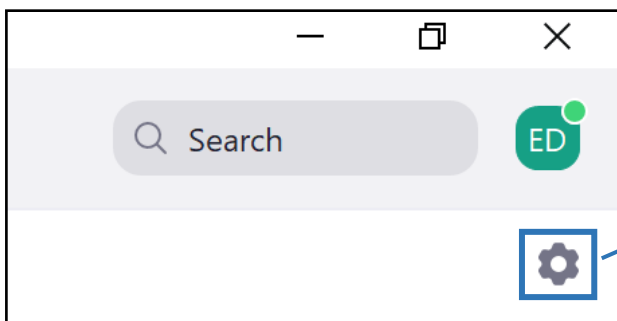
Locating your Account Settings in the App

1

First **click** on your initials here...



2

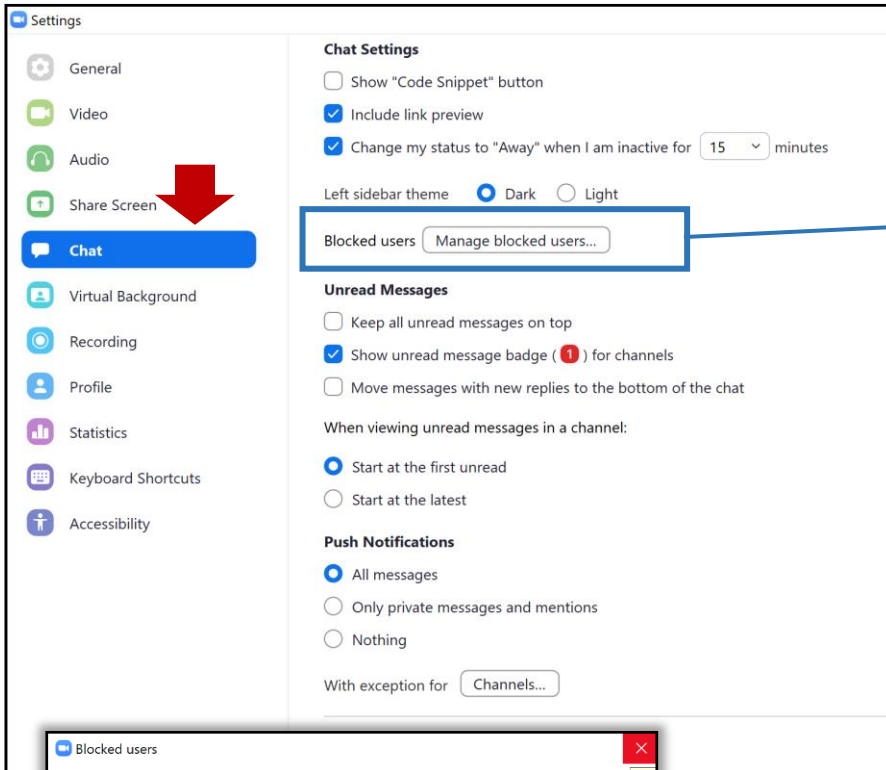


3

You can also access **Settings** by clicking **this button**

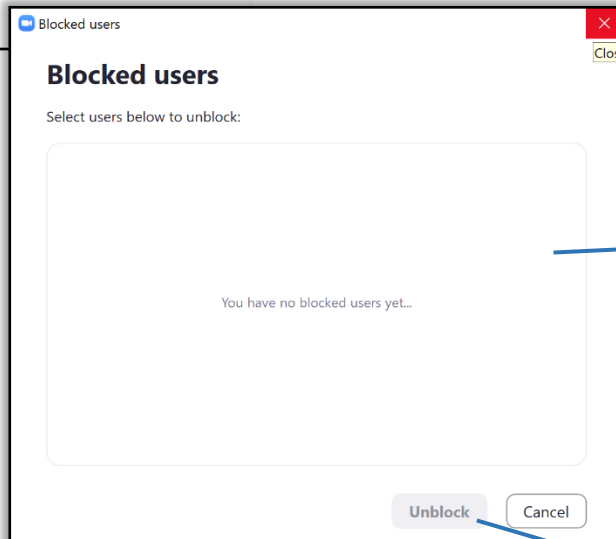
Note that some important Zoom settings are accessed via the website, while others are accessed from within the App. You will need to do both.

Blocking users in the App



1

Block any unwanted users here



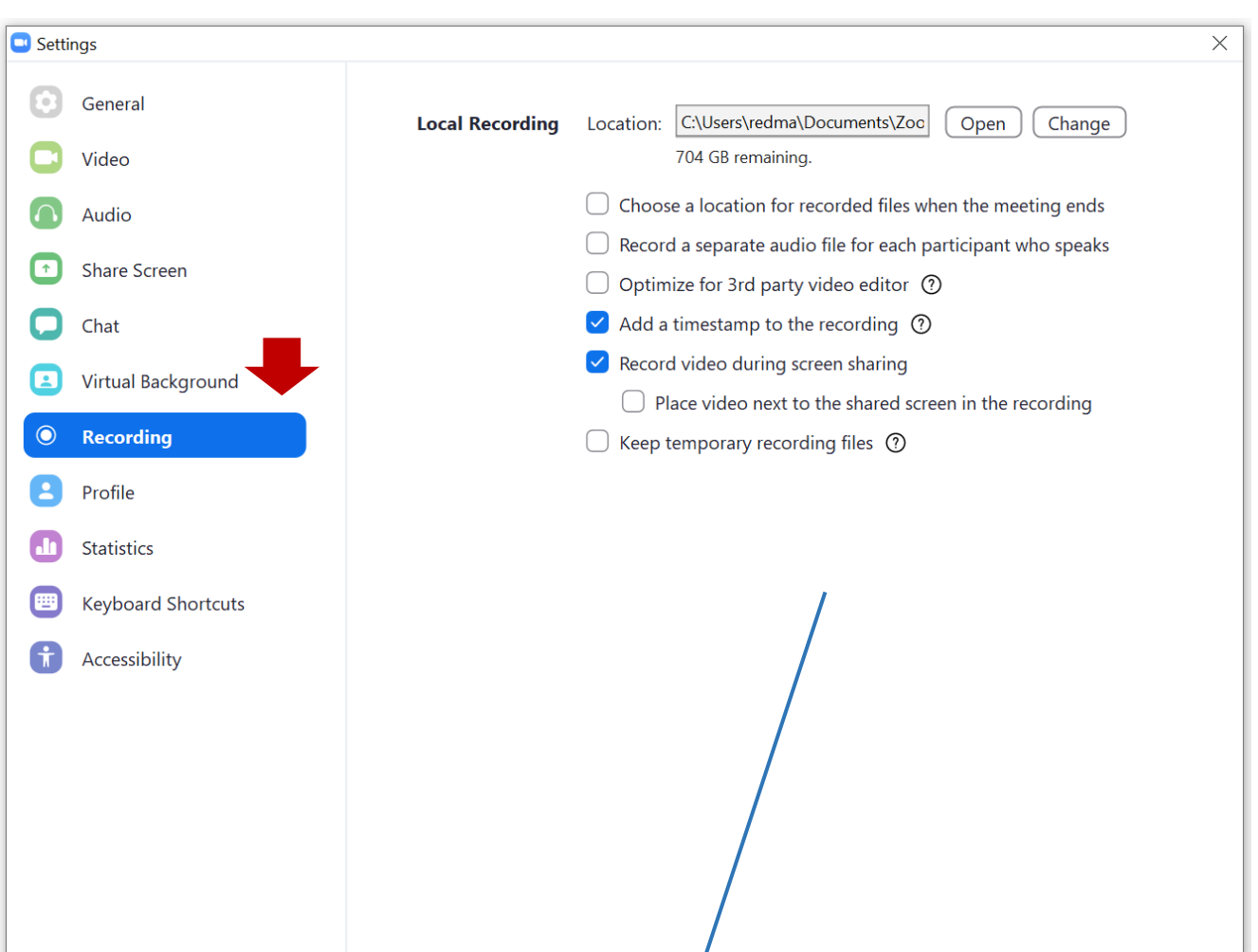
2

You'll see a list of blocked users

3

You can always unblock users later

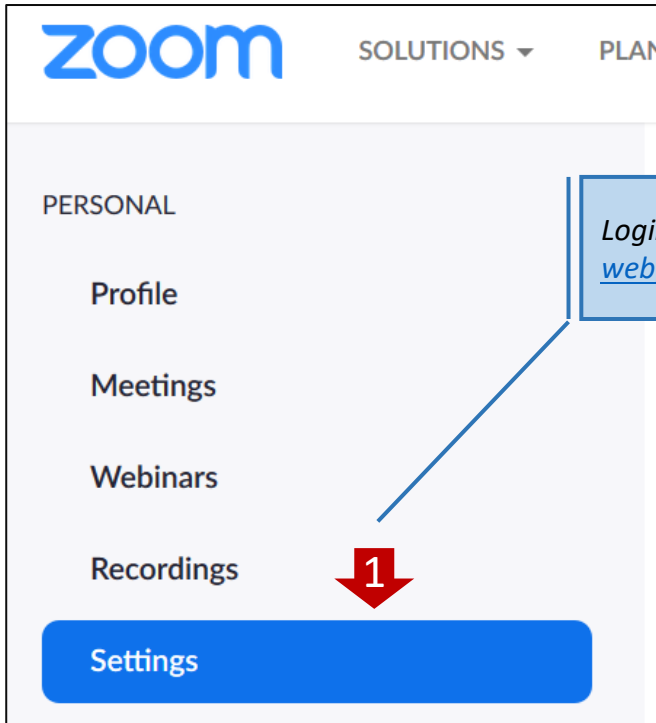
Adjusting recording settings in the App



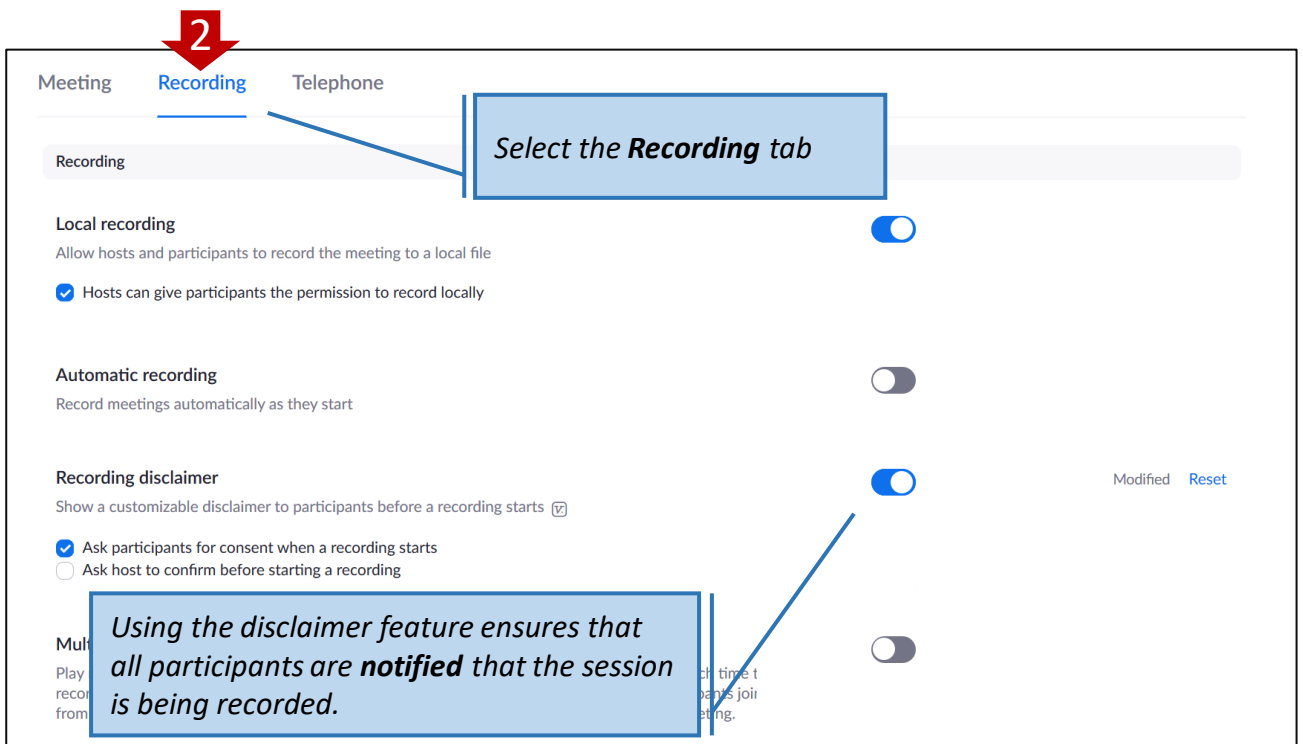
*Within the **Zoom App**, go to the **Recording** menu and choose the appropriate settings for your meetings.*

Adjusting recording settings via the webpage

If you are hosting the meeting, you can access several advanced settings and **allow or block all recording** by logging in to your **web-based Zoom account**...



Login to your account on the Zoom [webpage](#), then select **Settings**.



Select the **Recording** tab

Using the disclaimer feature ensures that all participants are **notified** that the session is being recorded.

Managing your meeting settings via the web

Schedule Meeting

In Meeting (Basic)

In Meeting (Advanced)

Email Notification

Other

Select **'Require a password when scheduling new meetings'** - recommended

Require a password when scheduling new meetings

A password will be generated when scheduling a meeting and participants require the password to join the meeting. The Personal Meeting ID (PMI) meetings are not included.

Require a password for instant meetings

A random password will be generated when starting an instant meeting

Require a password for Personal Meeting ID (PMI)

- Only meetings with Join Before Host enabled
- All meetings using PMI

Embed password in meeting link for one-click join

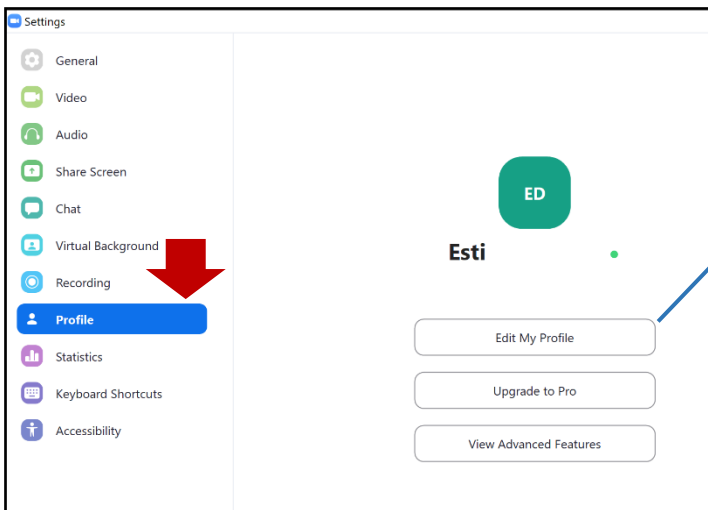
Meeting password will be encrypted and included in the join meeting link to allow participants to join with just one click without having to enter the password.

Require password for participants joining by phone

A numeric password will be required for participants joining by phone if your meeting has a password. For meeting with an alphanumeric password, a numeric

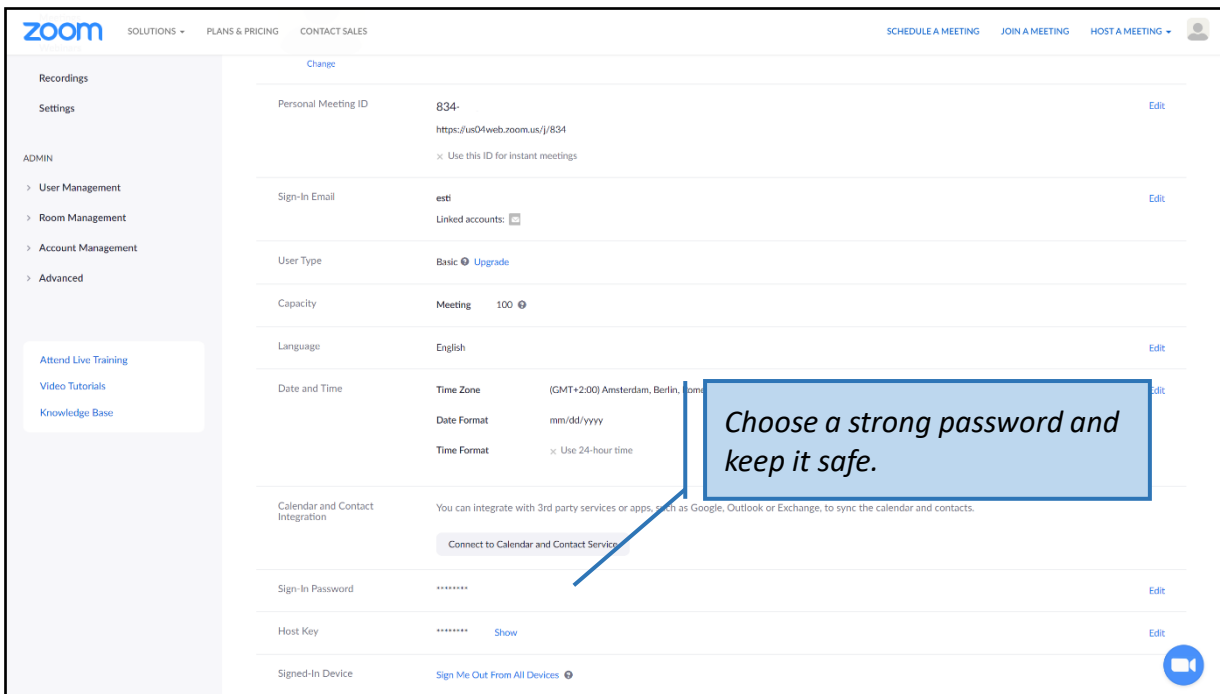
Once again, you can go to your web account to access advanced meeting settings. Make sure that you select **Require a password when scheduling new meetings** if the nature of your role of the nature of the meeting requires this.

Managing your profile



*You can edit your profile here.
The App takes you to the
webpage.*

***Do not include any
unnecessary or sensitive
information in your profile.***

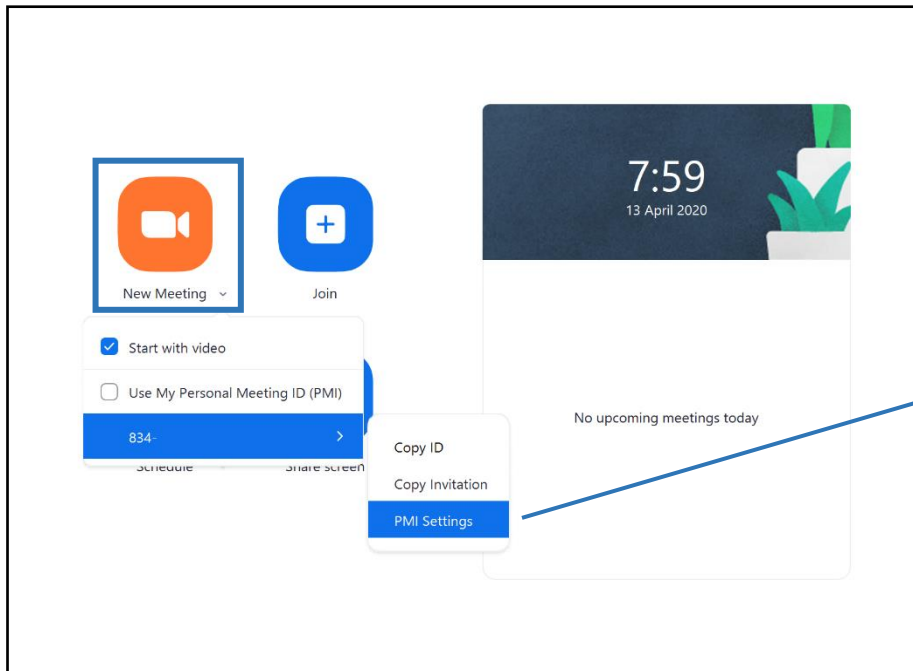


*Choose a strong password and
keep it safe.*

Password advice from the National Cyber Security Centre (NCSC)

A good way to create a strong and memorable password is to use three random words. Numbers and symbols can still be used if needed, for example 3redhousemonkeys27!. Be creative and use words memorable to you, so that people can't guess your password.

Managing your meetings via the App



Go back to the Zoom app homepage and click on '**New Meeting**'. Then choose your ID number and then access your **Personal Meeting ID (PMI)** settings

A screenshot of the 'Zoom - Personal Meeting ID' settings screen. The title is 'Personal Meeting ID Settings'. Under 'Personal Meeting ID', there is a text input field containing '834-' and a blue button that says 'Upgrade to Pro to Change'. Under 'Password', there is a checked checkbox for 'Require meeting password' and an empty password input field. Under 'Video', there are two rows of radio buttons: 'Host: On Off' (with 'Off' selected) and 'Participants: On Off' (with 'Off' selected). Under 'Audio', there are three radio buttons: 'Telephone', 'Computer Audio', and 'Telephone and Computer Audio' (which is selected). Below that is a 'Dial in from' field with an 'Edit' link. At the bottom, there is an 'Advanced Options' dropdown menu and a 'Save' button.

Choose a unique password for each meeting you host.

Think about how you will **share the password** with attendees. Encrypted email or secure messaging are both good options.

You have an opportunity to modify your recording options. **Blocking recording** by other participants is the more secure option, but you will need to assess the risks and needs for each session.

Remember, regardless of the settings chosen, any participant can still record their screen using a mobile phone. Always consider the topic & whether Zoom is the appropriate medium.

Credits



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Artwork produced on commission to TRMG by Nic Brennan

Disclaimer

Social Media, Browser, App and device security settings change constantly. Check your settings and options regularly to ensure that you are using the highest levels of security.

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